



**Egon and Ann Diczfalusy Foundation**  
for  
supporting research in reproductive health



*Empathy, Science, Hope*

*Medicina anchora salutis*

# **Prevention in Women's Health**

## **3<sup>rd</sup> Meeting**

### **of the**

# **Egon & Ann Diczfalusy Foundation**

*The Meeting is part of the Albert Szent-Györgyi Days of the Medical Faculty the University of Szeged*



Jalisco Culture Mexico, 250 BC – AD 250  
Source: Diczfalusy Collection

**10 – 11 November 2009, Szeged, Hungary**

## GREETINGS AND WELCOME !

*Dear Friends, Colleagues, Ladies and Gentlemen,*

It is a great honour and privilege for us to extend a most cordial welcome to you to the Third Meeting of the Egon and Ann Diczfalussy Foundation at the University of Szeged. We also gratefully acknowledge that this Symposium is co-sponsored by the Medical Faculties of the Universities of Szeged, Hungary, Novi Sad, Serbia and Timisoara, Romania, the CONRAD Program, Arlington, VA, USA, Institut Biochimique SA, (IBSA) Lugano, Switzerland, Gedeon Richter Plc. Budapest, Hungary and the SonoSite Corporation, Bothell, WA, USA.

We come from different countries, speak different languages, have different cultural backgrounds and perhaps even different political persuasions. However, we are firmly united by a common ideology: we all profoundly believe that it is possible to improve the human condition by the judicious use of the achievements of science, in general and of the medical sciences in particular.

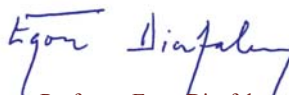
More than 200 years ago, in the year 1785, William Cowper remarked that " knowledge is proud that he has learned so much; Wisdom is humble that he knows no more." For us, scientists, it is easy to agree with T.S.Eliot, that "the only wisdom we can hope to acquire is the wisdom of humility: humility is endless " (1940). We also hope to always remember the words of Albert Einstein "One thing I have learned in a long life: that all our science, measured against reality, is primitive and childlike - and yet it is the most precious thing we have" (1955). Why is it so? Because science represents one of those extremely rare activities, which are cumulative, self-correcting and progressive. Science knows no frontiers, it travels around the world without a passport and makes its achievements available to every human being; its fruits are the common property of humankind. This has been emphasized by Anton Chekov already in 1888: "There is no national science just as there is no national multiplication table; What is national, is no longer science".

To finish these quasi-mathematical reflections, let's mention a statement by Fyodor Dostoevsky (Notes from Underground, 1864): "I admit that two times two makes four is an excellent thing, but if we are to give everything its due, two times two makes five is sometimes a very charming thing too." In our view it is not only charming, but of fundamental importance for understanding synergisms. We strongly believe that in a fruitful collaboration two times two may make six, or more, and in collaboration among scientists even a great deal more. It was in this spirit that we have last year initiated a scientific collaboration with our colleagues from neighbouring countries and we are delighted to see here so many leading scientists from Romania and Serbia among the main speakers of this Symposium. We are equally pleased to warmly welcome - as important speakers and chairpersons - our colleagues and friends from Belgium, Egypt, Germany, Hungary, Indonesia, Italy, Switzerland, Sweden and the United States of America. We are convinced that - thanks to all these contributions - this meeting will be a very successful one. Last, but not least, we would also like to thank the local organizers, Professor György Bártfai, Mrs. Tamara Mikó, Mr.Károly Nagy and their collaborators, who worked hard and late hours to make this Meeting possible.

We wish all of you a fruitful meeting and a most pleasant sejour in Szeged, Hungary.



Professor Attila Pál  
President



Professor Egon Diczfalussy  
Founder

**10 November, 2009 (Tuesday)**

**Venue: IH Event Center / IH Rendezvényközpont  
Address: Felső Tisza-part 2, H-6721 Szeged, Hungary**

Symposium organized by the Egon & Ann Diczfalusy Foundation  
and cosponsored by the Medical Faculties of the  
Universities of Szeged, Hungary, Novi Sad, Serbia and Timisoara, Romania,  
the CONRAD Program, Arlington, VA, USA.  
Institut Biochimique SA, (IBSA) Lugano, Switzerland,  
Gedeon Richter Plc. Budapest, Hungary  
and SonoSite Corporation, Bothell, WA, USA

10 November, 2009 (Tuesday)

**IN SEARCH OF IMPROVED HEALTH - CARE FOR WOMEN**

**Opening Session**

08.00 - 08.10 Welcoming and Introductory Remarks  
*Professor Attila Pál, Szeged Hungary*  
*President of the Egon & Ann Diczfalusy Foundation*

08.10 - 08.20 Introduction of the Presidium - short allocutions

**First Session**

**THE CONTRACEPTIVE REVOLUTION AND BEYOND**

*Chairs: Professor Egon Diczfalusy, Stockholm, Sweden  
and Professor Attila Pál, Szeged, Hungary*

08.20 - 09.05 Opening Lecture - The Malthusian Hypothesis Revisited (40+5')  
Professor David Archer, Norfolk, VA, USA

09.05 - 09.30 Emergency contraception (20+5')  
*Professor György Bártfai, Szeged, Hungary*

09.30 - 09.55 Approaches to Male Contraception - Still a Vanishing Concept (20+5')  
*Professor Stefan Arver, Stockholm, Sweden*

09.55 - 10.20 The Pill and Gender Equality (20+5')  
*Professor Britt-Marie Landgren, Stockholm, Sweden*

10.20 - 10.30 Discussion

10.30 - 10.50 Coffee-break

Second Session

**MONITORING THE HEALTH OF MOTHER AND CHILD**

*Chairs: Gordon Perkin MD., Seattle, USA and Professor Zoltán Tóth, Debrecen, Hungary*

- 10.50 - 11.00 New developments, new opportunities (10')  
*Gordon Perkin MD, Seattle, WA, USA*
- 11.00 - 11.25 Portable ultrasound in low resource settings (20+5')  
*Dan Price MD., Oakland, CA, USA*
- 11.25 - 11.50 Ultrasound screening and Diagnosis of Congenital Anomalies in the First and Second Trimester (20+5')  
*Professor Zoltán Tóth, Debrecen, Hungary*
- 11.50 - 12.15 Assessing cardiovascular health in the foetus and newborn (20+5')  
*Professor Márta Katona, Szeged, Hungary*
- 12.15 - 12.40 Foetal echocardiography in Vojvodina and Serbia (20+5')  
*Professor Alexandra Novakov-Mikic, Novi Sad, Serbia*
- 12.40 - 12.50 Discussion
- 12.50 - 13.50 Luncheon

Third Session

**AWARD CEREMONY FOR THE DICZFALUSY MEDAL AND PRIZE**

*Chair: Professor Giuseppe Benagiano, Geneva, Switzerland,  
Vice-President of the Egon & Ann Diczfalusy Foundation*

- 13.50 - 14.10 Welcoming and a short history of the Diczfalusy Medal and Prize  
*Professor György Bártfai, Szeged, Hungary, Vice-President of the Foundation*
- 14.10 - 14.25 Laudatio of Professor Mahmoud F. Fathalla, Assiut, Egypt,  
the recipient of the 2009 Medal  
*Professor Britt-Marie Landgren, Stockholm, Sweden, recipient of the 2008 Medal*
- 14.25 - 14.55 Honorary lecture of the Awardee  
*Professor Mahmoud F. Fathalla: Towards a women-friendly health care system*
- 14.55 - 15.00 Handing over the Medal  
*Professor Egon Diczfalusy, Rönninge, Sweden*
- 15.00 - 15.10 Laudatio of Claudiu Avran MD., Timisoara, Romania, the recipient of the 2009 Prize  
*Eszter Ducza MD., Szeged, Hungary, recipient of the 2008 Prize*

**10 November, 2009 (Tuesday)**

- 15.10 - 15.30 Honorary lecture of the Prize-winner  
*Claudiu Avram MD., Timisoara, Romania*
- 15.30 - 15.35 Handing over the Prize  
*Professor Egon Diczfalusy, Rönninge, Sweden*
- 15.35 - 15.45 Closing remarks  
*Professor Henry Gabelnick, Arlington, VA, USA, Vice-President of the Foundation*
- 15.45 - 16.05 Tea-break

**Fourth Session**

**THE MEDICAL CURRICULUM; MORE IMPORTANT THAN EVER**

*Chairs: Professor Johannes Bitzer, Basel, Switzerland  
and Professor György Benedek, Szeged, Hungary*

- 16.25 - 16.45 The medical curriculum in Romania (20')  
*Professor Marius Raica, Timisoara, Romania*
- 16.45 - 17.05 The medical curriculum in Hungary (20')  
*Ass. Professor Katalin Barabás and Professor György Benedek, Szeged, Hungary*
- 17.05 - 17.45 General discussion chaired by Professor György Benedek

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- 19.30 - 20.30 Opening Ceremony of the exhibition "*A Cosmopolitan's Gifts to Szeged*"

Greetings:

*Dr. István Zombori, Director of the Museum "Móra Ferenc" Szeged*

*Dr. Péter Zakar, Vice-President of the Csongrád County Government*

*Professor György Benedek, Dean of the Faculty of Medicine, University of Szeged*

*Professor Britt-Marie Landgren, Karolinska Institutet, Stockholm, Sweden*

- 20.30 - 21.30 Reception  
(hosted by the Dean of the Faculty of Medicine, University of Szeged)  
Venue: Museum "Móra Ferenc" Szeged

**11 November, 2009 (Wednesday)**

**IMPROVING WOMEN'S HEALTH**

Progress in gynaecological and obstetrical surgery and in the use of biomarkers

**First Session**

**PROGRESS IN GYNAECOLOGICAL AND OBSTETRICAL SURGERY**

*Chairs: Professor Britt-Marie Landgren, Stockholm, Sweden  
and Professor Tihomir Vejnovic, Novi Sad, Serbia*

- 8.30 - 08.50 Recent progress in endoscopic surgery (20')  
*Professor Giuseppe Benagiano, Geneva, Switzerland  
and Professor Luca Mencaglia, Geneva, Switzerland*
- 08.50 - 09.05 Discussion
- 09.05 - 09.25 A renaissance for Caesarean section (20')  
*Professor Tihomir Vejnovic, Novi Sad, Serbia*
- 09.25 - 09.45 The rationale of randomized multicenter studies for the critical assessment of different methods of Caesarean section (20')  
*Professor Serban-Dan Costa, Magdeburg, Germany*
- 09.45 - 10.00 Discussion
- 10.00 - 10.25 Coffee-break
- 10.25 - 12.00 Evaluation of hysteroscopic - laparoscopic and classical surgical techniques; where do we stand? Round table discussion.  
Moderator: *Professor Serban-Dan Costa, Magdeburg, Germany*  
Participants: *Britt-Marie Landgren, Stockholm, Sweden,  
Gábor Németh, Szeged, Hungary  
Tihomir Vejnovic, Novi Sad, Serbia*
- 12.00 - 13.00 Luncheon

**Second Session**

**BIOMARKERS IN THE PREVENTION OF CARDIOVASCULAR COMPLICATIONS**

*Chairs: Professor Tamás Forster, Szeged, Hungary and Professor Dan Gaita, Timisoara, Romania*

- 13.00 - 13.10 Introductory remarks  
*Professor Tamás Forster, Szeged, Hungary*
- 13.10 - 13.35 Cardiovascular problems in the population of Central Europe; the importance of biomarkers (20+5')  
*Professor Tamás Forster, Szeged, Hungary*

## 11 November, 2009 (Wednesday)

- 13.35 - 14.00 Bio-markers in Romania and Europe (20+5')  
*Professor Dan Gaita, Timisoara, Romania*
- 14.00 - 14.25 The prevention of cardiovascular disease in the Balkan countries; a long way ahead (20+5')  
*Anastazia Stojsic MD., Novi Sad, Serbia*
- 14.25 - 14.40 General discussion chaired by Professor Tamás Forster and Professor Dan Gaita
- 14.40 - 14.55 Closing remarks  
*Professor Dan Gaita, Timisoara, Romania*
- 14.55 - 15.20 Tea break

### Third Session

#### BIOMARKERS IN PRIMARY HEALTH CARE

*Chairs: Professor Shafiq A. Khan, Atlanta, USA  
and Professor Giuseppe Benagiano, Geneva, Switzerland*

- 15.20 - 15.45 Prostate Cancer Biomarkers (20+5')  
*Professor Shafiq A. Khan, Atlanta, GA, USA*
- 15.45 - 16.10 Biomarkers for HIV/AIDS; the present and the future (20+5')  
*Professor Henry Gabelnick, Arlington, VA, USA*
- 16.10 - 16.35 The future of chemical biomarkers (20+5')  
*Assoc. Professor Paolo Parini, Stockholm, Sweden*
- 16.35 - 17.00 The future of immunological biomarkers (20+5')  
*Ass. Professor Marisa Benagiano and Professor Mario Milco D'Elis, Firenze, Italy*
- 17.00 - 17.25 Gender differences in biomarkers; paucity of information (20+5')  
*Maria-Natalia Cruz MD., Stockholm, Sweden*
- 17.25 - 17.40 General discussion

### Closing Session

*Chair: Professor Egon Diczfalusy, Stockholm, Sweden*

- 17.40 - 17.55 Past, Present and Future of the Foundation (20')  
*Professor Giuseppe Benagiano, Geneva, Switzerland*
- 17.55 - 18.05 An end to make a new beginning; closing remarks  
*Professor Attila Pál, Szeged, Hungary  
President of the Egon & Ann Diczfalusy Foundation*
- 19.00 - 21.00 Working dinner for the Board of Trustees

- P01 Knowledge of young women about fertility - a survey among students in Hungary, Romania and Serbia**  
 M. Szűcs<sup>1</sup>, Mrs. Párducz A. Szöllősi<sup>2</sup>, G. Bártfai<sup>1</sup>, I. Blidaru<sup>3</sup>, G. Furau<sup>4</sup>, A. Kapamadzija<sup>5</sup>, K. Sedlecky<sup>6</sup>  
*<sup>1</sup>University of Szeged, Hungary, <sup>2</sup>University of Gyula, Hungary, <sup>3</sup>University of Iasi, Romania, <sup>4</sup>University of Arad, Romania, <sup>5</sup>University of Novi Sad, Serbia, <sup>6</sup>University of Belgrade, Serbia*
- P02 Psychosocial aspects concerning surgically induced menopause**  
 M. Flita, Ioana Popa, L. Popa, P.Chitulea  
*University of Oradea, Oradea, Romania*
- P03 Hypogastric artery ligation (HAL), an important tehnique in advanced gynaecological surgery and obstetric haemorrhages**  
 C. Gales, Ioana Popa, L. Popa, P. Chitulea  
*University of Oradea, Oradea, Romania*
- P04 4D echography-present and future**  
 D. Crihana  
*Obstetrics and Gynaecology Clinic, Oradea, Romania*
- P05 A pregnancy in an aunevaluated and untreated cushing`s syndrome**  
 Rita Herczeg, Ioana Popa, F. Szasz, T. Pop, L.Popa, P.Chitulea  
*University of Oradea, Oradea, Romania*
- P06 The social and medical backgrounds of induced abortion in South Hungary based on questionnaires**  
 M. Szűcs<sup>1</sup>, A. Szöllősi Párducz<sup>2</sup>, J. Patakfalvi<sup>3</sup>, G. Bártfai<sup>1</sup>  
*<sup>1</sup>Department of Obstetrics and Gynaecology, Albert Szent-György Clinical Centre, University of Szeged, Hungary (Director: Attila Pál); <sup>2</sup>Department of Obstetrics and Gynaecology, Kálmán Pándy Hospital of Békés County, Gyula, Hungary (Director: József Kovács); <sup>3</sup>Department of Obstetrics and Gynaecology, Municipal Hospital of Orosháza, Hungary (Director: Mihály Kalmár)*
- P07 Quo Vadis: C-Section on demand  
 Our patients request, our doctors option**  
 Furau Cristian<sup>1</sup>, Furau Gheorghe<sup>2</sup>  
*<sup>1</sup>Clinical Emergency County Hospital Timisoara, Bega Clinic, Romania  
<sup>2</sup>"Dr Salvator Vuia" Clinic Hospital of Obstetrics and Gynaecology Arad, Romania*
- P08 Postpartum psychopathological disorders**  
 Romoşan R.<sup>1</sup>, Podea Delia<sup>2</sup>, Romoşan Felicia<sup>3</sup>, Furău C.<sup>4</sup>  
*<sup>1,3</sup>Timișoara Psychiatric Clinic, I. Văcărescu Str., Nr. 21, Timișoara, Romania  
<sup>2</sup>West "Vasile Goldis" University of Arad, Department of Psychiatry, 17, Octavian Goga Street, Arad, Romania  
<sup>4</sup>Clinical Emergency County Hospital Timisoara, Bega Clinic*



- P09**     **Physical fitness and body composition improvement through exercise in young overweight women**  
Claudiu Avram<sup>1</sup>, Mihaela Oravitan<sup>1</sup>, Adrian Nagel<sup>1</sup>, Gelu Bota<sup>1</sup>, Mircea Iurciuc<sup>2</sup>, Dan Gaita<sup>2</sup>  
<sup>1</sup>*Physical Education and Sport Faculty, West University Timisoara, Romania;*  
<sup>2</sup>*Victor Babes University of Medicine and Pharmacy, Timisoara, Romania*
- P10**     **Impact of cardiovascular preventive measures in patients under hypotensive medication**  
Mircea Iurciuc<sup>1</sup>, Adina Avram<sup>1</sup>, Stela Iurciuc<sup>1</sup>, Claudiu Avram<sup>2</sup>, Gabrijela Gojka<sup>1</sup>, Corina Popovici<sup>1</sup>, Laura Craciun<sup>1</sup>, Dan Gaita<sup>1</sup>  
<sup>1</sup>*Victor Babes University of Medicine and Pharmacy, Timisoara, Romania*  
<sup>2</sup>*Physical Education and Sport Faculty, West University Timisoara, Romania*
- P11**     **Epidemiologic profile and cardiovascular risk in coronary patients following revascularisation procedures**  
Adina Avram<sup>1</sup>, Stela Iurciuc<sup>1</sup>, Laura Craciun<sup>1</sup>, Mircea Iurciuc<sup>1</sup>, Claudiu Avram<sup>2</sup>, Dan Gaita<sup>1</sup>, Silvia Mancas<sup>1</sup>  
<sup>1</sup>*Victor Babes University of Medicine and Pharmacy, Timisoara, Romania*  
<sup>2</sup>*Physical Education and Sport Faculty, West University Timisoara, Romania*
- P12**     **The predictiv value of IL-6 measured in the cervicovaginal fluid in intrauterin infections**  
Sándor Rác  
*Department of Obstetrics and Gynaecology, University of Pécs, Pécs, Hungary*
- P13**     **Diagnostic Value of 2D and 3D Ultrasonography in Detection of Intrauterine Lesions**  
B. Erdódi, A. Jakab, P. Török, Z. Tóth.  
*Department of Obstetrics and Gynaecology, University of Debrecen, Debrecen, Hungary*

## Ricepient of the Diczfalusy Medal - 2009

Mahmoud F. Fathalla

*Professor of Obstetrics and Gynaecology, former Dean of the Medical School at Assiut University, Egypt, and Chair of the WHO Advisory Committee on Health Research*



## Recipient of the Diczfalusy Prize - 2009

Claudiu Avram MD.  
*West University of Timisoara, Timisoara, Romania*



# Egon and Ann Diczfalusy Foundation

## The Founder

### EGON DICZFALUSY

MD, PhD, Dr.h.c.(mult.), FRCOG, FACOG (Hon.)

Professor emeritus

Karolinska Institutet, Stockholm, Sweden



**Ann & Egon Diczfalusy  
(1994)**



**Professor  
Egon Diczfalusy**



**Ann & Egon Diczfalusy  
(2000)**

Egon Diczfalusy is the scientist who discovered and characterised the Foeto-placental unit, demonstrating for the first time that steroidogenesis in pregnancy is the consequence of a close interactions between the maternal and foetal organisms, via the placenta.

Egon Diczfalusy, is also a dedicated humanitarian idealist and spent the last 35 years helping scientists and scientific institutions in the developing world. As Senior Consultant of the oldest and best known research programme of the World Health Organisation, the Special Programme of Research in Human Reproduction for some 25 years, he helped establishing international networks of researchers devoted to the development of new fertility-regulating agents and to the fight against infertility in Africa, Asia, Eastern Europe and South America.

# Egon and Ann Diczfalusy Foundation

## Purpose of the Foundation

Supporting scientific work conducted in the field of improving reproductive health, recognising scientific results achieved so far. Launching new research programs, supporting the exchange of junior scientists, promoting and supporting lectures and publications on the subject of reproductive health, organising scientific events. Granting yearly the Diczfalusy Medal, to acknowledge the scientific work carried out by a basic or a clinical scientist and her/his life-time scientific achievements. Presenting, also on a yearly basis the Diczfalusy Award to a researcher under the age of 40, working in the above-mentioned field.

In order to achieve its purposes the Foundation will:

- support the further training of physicians, other professionals and health care workers, as well as assist them to attend conferences in Hungary or abroad;
- launch new research programs in the subject of improving reproductive health;
- support the exchange of scientists and young clinicians;
- organise scientific conferences and congresses;
- promote and support informative lectures and publications;
- organise annually the Diczfalusy Scientific Meeting;
- present the Diczfalusy Medal and the Diczfalusy Award.

## Contact details

Organisation name:	
in English	<i>Diczfalusy Foundation</i>
in Hungarian	<i>Diczfalusy Alapítvány</i>
Address:	<i>Semmelweis utca 1. H-6725 Szeged, Hungary</i>
Phone:	<i>+36-62-545-491</i>
Fax:	<i>+36-62-545-711</i>
E-mail:	<i>foundation@diczfalusy.hu</i>
Website:	<i>http://www.diczfalusy.hu</i>
Hungarian VAT ID:	<i>18478262-1-06</i>
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### **Bank details:**

Beneficiary:	<i>Diczfalusy Foundation, Szeged, Hungary</i>
Bank:	<i>MKB Bank Zrt. (Hungarian Foreign Trade Bank Ltd.)</i>
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SWIFT (BIC) code:	<i>MKKB HU HB</i>
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**Egon and Ann Diczfalusy Foundation**  
*for supporting research in reproductive health*

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## **Pre-Columbian ceramics in Szeged**

András Varga Dr.  
Cultural Anthropologist  
*"Móra Ferenc" Museum, Szeged, Hungary*

In 2007 Professor Egon Diczfalusy donated 56 Central- and South-American ceramics, jade carvings and stone statues to the Faculty of General Medicine of the University of Szeged.

Besides the collection's aesthetic value, it is of considerable professional significance, covering a broad interval in both space and time. Besides the smaller, isolated valley cultures, the large "empires" such as the Chimru (AD 1100-1400), Incan (AD 1200-1531) and Mayan (AD 300-900) empires are represented. We can discern the typical main shapes and motifs of these cultures in these excellent quality pieces.

The collection covers almost 3000 years from the earliest Tlatlco specimens from 1500 BC up to AD 500: knife and ceramic kero from the Incan period. The sites of origin of the pieces in the collection range from Mexico to Peru. The statues and ceramics depict human and animal illustrations and mythological creatures in anthropomorphic and zoomorphic representations.

For lack of space, I can not mention every single piece of the collection, but merely some arbitrarily chosen examples.

The Pre-Columbian cultures were characterized by the important role of the fertility cult in the interest of the increase of crops and livestock, and the subsistence of the population. For these reasons, their illustrations emphasize female symbols and pregnancy. Rotundity symbolizes strength, health and greater stamina. We find examples of this in the Nayarit and Jalisco culture ceramic statues in Professor Diczfalusy's collection. Childbirth did not count as a taboo in the ancient Central- and South-American cultures, as proven by many pieces from the Nazca, Chimu and Moche cultures.

In the exhibition, located in the Dean's Office of the Faculty of Medicine at the University of Szeged, we can find a ceramic pot illustrating the birth of a camel.

By virtue of their beauty, I would emphasize the Nazca bowls of the collection, which, with their delicately painted patterns, bear witness to the professional knowledge the craftsmen of this period.

With simplicity and modesty, the jade carving from Costa Rica robustly portrays strong features.

The laughing faces of the Vera Cruz culture group with snake- and meander- pictured headdresses are classical examples, as is the painted dish with an animal head spout, representing the Vicus culture (100 BC - AD 400).

This valuable gift from Professor Egon Diczfalusy has found appropriate accommodation in Szeged, but I consider it very important for the collection to receive extensive publicity. We exhibited the collection (together with the books also donated to the museum) at the Mora Ferenc Museum, Szeged at the time of the 3rd Meeting of the Egon and Ann Diczfalusy Foundation on 10<sup>th</sup> November, 2009.



## Notes

A large grid of graph paper for taking notes. The grid consists of 20 columns and 30 rows of small squares, with rounded corners. The grid is empty and occupies most of the page below the 'Notes' header.